

POLITEHNICA University of Bucharest (**UPB**)
 Faculty of Engineering and Management of Technological Systems (**IMST**)
 Study Programme: Industrial Engineering (**IE**)
 Form of study: Licence (Bachelor)

COURSE SPECIFICATION

Course title:	Sport	Semester:	1
Course code:	UPB.06.C.01.L001	Credits (ECTS):	2

Course structure	Lecture	Seminar	Laboratory	Project	Total hours
<i>Number of hours per week</i>		1			1
<i>Number of hours per semester</i>		7			7

Lecturer	Lecture	Seminar / Laboratory / Project
<i>Name, academic degree</i>		Lect. Dr.Pricop Adrian Daniel
<i>Contact (email, location)</i>		cretu_trans@yahoo.com

Course description:
Seminar / Laboratory / Project description:
<p>Streamlining and optimizing the potential of bio -psycho -social state is able to ensure appropriate response to requests from socio -professional future.</p> <p>Knowledge and application of methods and means enshrined in the field, with a view to engaging independent and systematic motor activities for recreation and compensation. Strengthening the psycho -behavioral positive for their transposition into current social life.</p>
Intended learning outcomes:

Assessment method:	% of the final grade	Minimal requirements for award of credits
Written exam		
Report / project		
Homework		
Laboratory		
Other	Attendance hours of physical education and sports 70 % Supporting evidence and rules of control 20 %	

	Participation in sports competitions 10%	
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<i>References:</i>	
<i>Prerequisites:</i>	<i>Co-requisites</i> <i>(courses to be taken in parallel as a condition for enrolment):</i>
<i>Additional relevant information:</i>	

Date:18.07.2016

Professional degree, Surname, Name:

Lect. Dr.Pricop Adrian Daniel